



Welcome to the café @ Main Street Home and Gardens



603 West Main
Decatur
940-627-0235
www.downthealleycafe.com

Café Hours

7:30 ~ 2:00

Breakfast served 7:30 ~ 10:00

Monday ~ Friday

We do not accept reservations or
call ahead orders for dining in.
"first-come, first served"

Take out orders

Call 940-627-0235

Fax 940-627-1148 call to confirm

Large orders (8+) need to be received by
11:00. If later, it may be up to a one
hour wait



Come stroll through our gardens
filled with organically grown
produce, herbs, perennials &
roses. Seasonal harvest brings
freshness to your table as we
prepare each dish daily from
scratch using locally grown
produce & our own when
possible. We are
Decatur's/Wise County's healthy
alternative!

SALADS

We use organic greens for optimal taste, texture & nutrition.

Salads are served with hot parmesan artisan bread.

Add grilled chicken 200

You may substitute Turkey Bacon in lieu of Peppered Pork

* **House** - organic greens, red onion, cherry tomatoes, parmesan-romano cheese & house-made croutons 295

* **Garden** - organic greens, lots of seasonal veggies, avocado & house-made croutons 795 small 450

Spinach - organic baby spinach, bacon, tomato, egg, red onion, mushrooms & house-made croutons 850

Chef - organic greens, veggies, tomatoes, mushrooms, carrots, turkey, ham, cheddar & Swiss cheese, egg, bacon & house-made croutons 895

* **"Yum-Yum Salad"** - organic greens, walnuts, dried cranberries, feta cheese & balsamic vinaigrette dressing 795 small 450

Tarragon Chicken Salad Plate - chicken salad, a house salad & parmesan bread 795

Substitute Yum-Yum Salad 200 substitute fruit for salad 100

* **Hill Country Waldorf** - organic greens, apples, crumbled blue cheese & pecans served with a garden fresh Rosemary Vinaigrette dressing 795

* **Greek** - organic greens, tomatoes, sweet bell peppers, red onion, kalamata olives, feta cheese & cucumber. Served with a Greek dressing 795

Salad Dressings: Ranch, Blue Cheese, Balsamic Vinaigrette,
Honey Mustard, Raspberry Vinaigrette, Greek, 1000 Island
& Rosemary Vinaigrette

All dressings are served on the side with the exception of the Yum-Yum Salad

* **Vegetarian Options**
\$2 Split Plate Charge

Prices are subject to change without notice

We may be temporarily out of some items due to our commitment to freshness and use of special products

SANDWICHES

Served on artisan style bread...sourdough or multi-grain,
corn or flour tortillas & veggie chips
You may substitute Turkey Bacon in lieu of Peppered Pork

* **Veggie** - greens, tomato, cukes, sweet bell peppers, red onion, avocado, mushrooms, whole grain mustard & EVOO 695 with cheese 795

Cheese Daddy (5 Cheese Grilled Cheese) - mozzarella, cheddar, pepper jack & Swiss on sourdough with garlic butter, parmegiano-reggino & Pecorino-romano cheese 795

Tarragon Chicken Salad - made fresh daily with poached chicken breast, walnuts, grapes, mayo, lettuce & tomato 795

Club - turkey, ham, bacon, greens, tomato, pickle, red onion, cheddar cheese & mayo 850

BLTA - bacon, lettuce, tomato & avocado with mayo 750

* **Spicy or Mild Pimento Cheese** - made fresh from scratch with lettuce & tomatoes 695

* **L.O.V.E.** - lettuce, organic veggies, egg salad with tomato & lettuce 695

Roast Beef - deli roast beef, horseradish mayo, red onion, tomato & lettuce 750 with cheese 850 Served grilled or cold

Turkey & Swiss - roasted turkey breast, Swiss cheese, red onion, lettuce, tomato & mayo 695

Ham & Cheddar - baked ham & cheddar cheese, lettuce, tomato & whole grain mustard 695

Turkey Reuben - turkey breast, Swiss cheese, sauerkraut & 1000 Island Served as a grilled sandwich 795

Cheese Choices: Cheddar, Swiss, Pepper Jack, Havarti or Mozzarella

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WRAPS

Served on a fresh, warm flour or corn tortilla with veggie chips

* **Happy Hippy** - grilled veggies, hummus & avocado 695 add cheese 795

Hippy Chick - same as above with grilled chicken 795 add cheese 895

Spiral - herbed cream cheese, turkey, tomato, Havarti cheese, spinach & mushrooms 795

Cobb Salad Wrap - chicken, avocado, bacon, greens, tomato, egg, cheese & choice of dressing 895

Chicken Salad Wrap - our popular chicken salad, avocado, cheese, greens, & tomatoes 795

* **Mediterranean** - hummus, avocado, cucumber, black olives, feta cheese, greens, carrots & tomato with Greek dressing 795

* **Veggie** - shredded carrot, cucumber, avocado, black olives, tomato, greens, raisins, walnuts & pecans. Your choice of dressing 695 add cheese 795

QUESADILLAS

Served on corn or flour tortillas with chips & salsa.

Sour cream upon request.

Chicken & Avocado - grilled chicken, avocado, colby-jack cheese, tomato & cilantro 795

* **Grilled Veggie** - zucchini & yellow squash, bell peppers, tomato, red onion, avocado, mushrooms, hummus and cheese of your choice 795

Hawaiian - grilled ham, pineapple, jalapeno, red onion & mozzarella 795

* **Mushroom & Poblano** - roasted and sautéed poblano peppers, mushrooms & onions with monterrey jack & feta cheese 795

* **Mushroom & Spinach** - sautéed mushrooms, spinach & red onions with monterrey jack cheese. 795

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BURGERS

Served with veggie chips

* **Veggie Burger** - Veggie patty with lettuce, tomato, red onion, pickles, mayo or mustard 695 add cheese or avocado 100

* **Mushroom Burger** - Portobello mushroom grilled with red onions and topped with blue cheese crumbles. Mayo, mustard or dressing of your choice 695

COMBO PLATES

Combo #1 - half sandwich, cup of soup or house salad & chips 750
substitute Yum-Yum 200 (No $\frac{1}{2}$ wraps, quesadillas or burgers)

Combo #2 - bowl of soup, house salad & artisan bread 750

Combo #3 - green, fruit & chicken salad with artisan bread 795
substitute Yum-Yum 200 (no other substitutions)

SOUPS

We make fresh from scratch soup during the cold & mild weather.

See blackboard or [Facebook](#) for availability Cup 300 Bowl 500

EXTRAS

* Chips & Salsa	250	Scoop of Chicken Salad	250
* Hummus & Pita Chips	395	Avocado, Cheese or Tomatoes	100
* Fruit Cup	300	Parmesan Bread	150
Grilled Chicken	200	Bacon	100 per slice

DRINKS

We DO NOT serve artificial sweeteners.

Please help yourself to organic raw sugar or herbal Stevia

Fresh brewed organic iced tea...regular or flavored 175

Fresh brewed organic hot teas 175

Fair trade organic fresh ground coffee 175

Assorted bottled drinks 195

SPECIALS & DESSERTS

Posted on [Facebook](#) & on the blackboard in the Café

All our desserts are made fresh from scratch daily

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\$2 split plate charge

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BREAKFAST MENU

The perfect place to meet with friends, family or business associates for a coffee break or light breakfast served 7:30 until 10:00 am

JAVA & JUICE

Organic Coffee 1.75

Organic Tea

Iced or Hot 1.75

Chai Tea 2.50

Hot Cocoa 2.00

Orange Juice 2.00

Organic Milk 2.00

multigrain or
sourdough
toast 1.00

Little Extras

Jams, Jellies

.50

peanut Butter
or honey
\$1.00

Egg-cooked to order,
peppered bacon,
turkey bacon or
cheese
\$1.00 each

Down
the
Alley
Cafe

French Toast made
with Challah,
Sour Dough or Multi
Grain bread topped
with fruit & 100%
maple syrup 5.99

The good for ya stuff

OATMEAL 3.00

Top it off with your
choice of: fresh fruit,
almonds, walnuts dried
cranberries

CUP OF FRUIT 3.00

Garden Wrap

Tortilla filled with
scrambled eggs, spinach,
grilled onions & peppers
cheese, & avocado 5.99

Breakfast Wrap

Scrambled eggs, meat of
choice, cheese, tomato
& salsa 5.99

Breakfast Sandwich

Scrambled eggs, your
choice of meat, cheese &
tomato on toast
5.99

corn tortillas available

cheese choices
pepper jack, mozzarella,
cheddar, swiss, havarti

facebook

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